

LURRA

Wellness inspired by the ambience, culture and healing nature of Africa.

At Lurra Spa we know that nothing can rival Mother Nature when it comes to sheer soul-restoring tranquility. So, instead of trying to “outdo” her, we joined her at her side, and sought to enhance her powers of healing and relaxation by equipping her with a wide variety of luxurious massages as well as the latest beauty and spa treatments for both ladies and gentlemen.

It is in nature – and through nature – that we lovingly apply our techniques that restore the body, mind and soul. Slowly, patiently bringing the entire being back into harmony and resonance with the earth. Our high-quality products are crafted and blended from the finest and richest of

what nature’s glorious abundance has to offer. And, the setting where they are applied exponentially amplifies their restorative qualities through its deep peace, which seems somehow rooted in the very foundation of Africa that hold us in her gentle arms.

Our techniques are a fusion of ancient wisdom and leading scientific methodology, applied by hands that love not only what they do, but also why they do it – because, when the happiness and inner-harmony of those people who visit us is increased, they themselves go on to spread greater positivity and love, back into the world.

Let Lurra Spa bring you back to your senses.

SPA MASSAGE THERAPY

‘Lurra’ Sports Specific Massage

A unique massage technique to relieve tight muscles, release pressure and relieve aches and pains.

230 60 minutes

Intuitive Herbal Oil Massage

Choose from a range of pre-blended Africology Aroma oils, which are designed to cater to your specific needs. The mind is de-stressed and brought into balance by strategically placing warm herbal bags on those problem areas.

155 45 minutes / 225 60 minutes / 265 90 minutes

Shea AromaTherapeutics Massage

Choose from a range of Shea Aroma Balms ensuring you leave the spa relaxed and hydrated. Shea once applied to the skin melts deeply into the upper layers of the skin to hydrate, soothe and condition.

165 45 minutes / 245 60 minutes / 275 90 minutes

Intonga Deep Pressure Massage

A unique deep pressure full body massage using African Sticks and skilful hand movements focusing on tension release and increased circulation.

145 30 minutes / 235 45 minutes / 295 75 minutes

Majestic Awakening

Choose between a scalp massage for neck tension causing headaches or migraines OR a foot ritual massage for swollen and aching feet.

160 35 minutes

Travellers’ Tension

Unwind and relax after your long journey with a stress relieving back, neck and shoulder massage.

125 30 minutes

Hot Stone Massage

A deep healing massage using stones to provide a warmth while relieving tension. The heat penetrates the muscle without applying deep pressure, to leave you feeling relaxed and rejuvenated.

205 60 minutes / 235 75 minutes / 265 90 minutes

SPA BODY TREATMENT

‘Africology’ Inkomfi Renew Scrub

A gentle full body exfoliation using walnut and marula or sugar scrub, to hydrate the skin and leaving the skin radiant. Includes shower and application of body cream.

155 45 minutes

‘Africology’ Adoration Body Wrap

Full body Africology wrap for internal cleansing for a personalised, hydrating experience. Includes, dry brushing, exfoliation, 45min full body massage and a wrap of your choice:

- Hydrating African Potato
- Soothing wrap that hydrates and fights free radical damage
- Slimming Detox
- Focusing on the lymphatic system for improved circulation
- Coffee and Mint Refresher
- For a dull and tired system

465 120 minutes

‘Africology’ Hydrotherapy Bath (Relaxing Milk)

End your day with this perfect treatment, combining Aroma Infused Bath Salts or Milk Bath with our spa jet baths. Just the way to end off a long day.

105 30 minutes

FACIAL SKIN CARE TREATMENTS

Includes a brand consultation, brow shape and a 10 minute foot, hand or scalp massage

DERMALOGICA

DERM Anti-Ageing, Age Smart Facial

The perfect power boost to fight premature ageing and assist dry and sun damaged skin.

305 75 minutes

DERM Skin Core Personalised Facial

Customised facial tending to your skin concerns, for revived and glowing skin.

255 75 minutes

MediBac Clearing Facial

This treatment treats uncomfortable, itchy, irritated and sensitivity skin by instantly calming, soothing and reducing inflammation.

275 75 minutes

DERM Deep Cleanse Facial

The perfect power cleanse—ideal for irritated, clogged and oily skin.

185 45 minutes

AFRICOLOGY

AFRICOLOGY Goddess Anti-Ageing Facial

A therapeutic, relaxing journey to combat ageing and leaving your skin glowing and refreshed. Includes a back treatment.

315 90 minutes

AFRICOLOGY Personalised Bespoke Facial

Designed to tend to each client's needs in mind using a special range of serums suitable for your particular skin issue to restore harmony and provide balance to your skin.

255 75 minutes

AFRICOLOGY Express Clean

The ideal facial to clean out impurities for that deep cleansed effect.

185 45 minutes

FINISHING TOUCHES

MANICURES & PEDICURES

Africology African Potato Pedicure

120 75 minutes

Africology African Potato Manicure

115 60 minutes

This Luxurious African treatment is a combination of hot stones to ease tension; copper plates to reduce inflammation and an African potato wrap to hydrate and lock moisture into the skin. Includes a soak and cleanse, exfoliation, file and cuticle care, wrap, massage and paint.

Lurra Express MediHeel Pedicure

110 60 minutes

Lurra Express Manicure

95 45 minutes

This treatment is ideal for Guest that is time conscious. This treatment includes exfoliation, cut, file, neaten and application of cream.

Add-on

French Paint

35 15 minutes

Massage

30 15 minutes

Cut, file and paint session

65 30 minutes

MediHeel Foot Treat

70 30 minutes

WAXING

Eyebrow Wax	25	¾ Leg Wax	60
Lip Wax	25	Full Leg Wax	80
Chin Wax	25	Bikini Line Only Wax	40
Underarm Wax	35	G-string Wax	45
½ Arm Wax	40	Brazilian Wax	90
Full Arm Wax	50	Hollywood Wax	95
½ Leg Wax	50	Back, Neck or Chest Wax	70

LURRA SPA JOURNEYS

A collection of treatments, specifically designed for those indulgent and invigorating moments

Diva for the Day

Celebrate a full day's pamper.

- Welcome Prosecco on arrival
- 30 minute Hydro Therapy Bath
- 60 minute Massage
- 60 minute Facial
- 45 minute Pedicure
- 45 minute Manicure
- Two course lunch at The Grillroom Restaurant

825 5 hrs, 30 minutes

Summer Delight

This is the perfect treatment to spoil your every need.

- 30 minute Back, Neck and Shoulder massage
- 30 minute Express Manicure
- 30 minute Express Pedicure

225 1 hrs, 30 minutes

BFF Package

BFF's should always do things together! Indulge in the ultimate BFF Pampering with your bestie.

- 45 minute Back, Neck and Shoulder Massage
- 45 minute Express Facial
- 25 minute Full Body Exfoliation
- The use of the swimming pool
- Two Course Lunch including a welcome drink at The Grillroom Restaurant

385 p.p 2 hr, 55 minutes

SPA ETIQUETTE

Booking Appointment

When guests make a booking at the spa, credit card details will be requested and securely kept aside to secure the booking. A 50% deposit will be asked prior to your booking to secure your appointment slot. We recommend that you schedule your spa appointment prior to your arrival at the spa. Reservations are subject to availability.

Arrival Time

Clients are kindly requested to arrive 15 minutes prior to their scheduled treatment time, as courtesy to following guests. Late arrivals will only receive the remaining available appointment time left and will still be charged the full treatment fee.

Spa Attire

A locker with a robe and a pair of slippers will be provided for spa day guests. Hotel guests are kindly requested to use their robes and slippers from their room when using the spa facilities. Gentlemen are requested to refrain from nudity during spa treatments.

Jewellery and Other Belongings

Clients should leave valuables at home or locked away in the locker provided by the spa. The spa is not responsible for the damage or loss of personal belongings.

Cellphones

To maintain a relaxed and tranquil atmosphere, cell phones must be switched off during your journey at the spa.

Cancellation Policy

We ask that you notify the spa a minimum of 8 office hours in advance should you wish to cancel or reschedule your appointment to avoid a 50% charge for the services. All no-show appointments will be charged for in full.

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FIESTA
RESIDENCES
BOUTIQUE HOTEL & SERVICED APARTMENTS